Experimenting with facial expressions

EN1 Drama - Use a range of techniques to direct the response of the audience, specifically facial expressions

As a class, we’re going to try acting out some emotions:

- try to maintain each expression for 10 seconds, even if other people lose it!
- try to challenge yourself further, you can try to manage links between each emotion convincingly!

Try out the following:

- waiting for something
- confusion
- physical ache or pain
- thinking about something deeply
- bored
- something’s caught my attention
- quietly amused
- trying to remember something, but failing
- remembering something painful
- remembering something happily
- frustration
- anger
- elation
- trying to hide your irritation
- scheming, or devising a plan
- despair
- verge of tears
- relief

Now let’s try some more complex techniques, still not involving words:

- **Guffaw** (short laugh)
- **Sniff**, perhaps to show awkwardness
- **Clearing throat**, perhaps to show you’re trying to clear your thoughts or perhaps to get attention
- **Sigh**, perhaps from tiredness or perhaps because you’re relieved or frustrated
- **Muttering** in panic, irritation or disbelief
- **Mmmm**, perhaps thinking, perhaps ‘agreeing with yourself’ or confirming your own thoughts