

Tourettes Action Primary School Lesson Plan – KS3/4

The following lesson plan has been created to educate KS3/4 pupils about Tourette Syndrome (TS). The lesson starts with asking pupils what they know about Tourettes and then moves on to educate them, allowing them to take part in activities aimed at showing the students what having Tourettes can feel like. The lesson ends with a quiz and an activity producing an awareness poster to put around school to educate people further about TS.

Lesson Time: You will need to put aside 55 minutes to conduct this lesson.

Learning Intention/Objectives: This lesson aims to teach pupils about what Tourette Syndrome is and what it is not, how they can support pupils who have TS in the school and where they can go for help if they have other questions.

Outcome: By the end of the lesson we are hoping that pupils will have a greater understanding of Tourettes either by doing the quiz or creating an awareness poster about TS to display around school.

| Agenda | 5E's | Learning Activity |
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| 5 mins | Engage | Tell the class that in this lesson we are going to learn about a condition called Tourette Syndrome (TS). Ask the class if they have heard of TS before, what they think it is and if they know of anyone with TS? |
| 15 mins | Explore | Tell the class we are now going to find out what TS is. Work through this presentation: A presentation for secondary school children |
| 10 mins | Explain | Following the presentation, ask the students to share with the class what they have learned that they didn't know before and any new facts that surprised them. Discuss their thoughts on how the media/social media have previously portrayed TS and whether they can now dispel any misconceptions around TS. |
| 20 mins | Extend | Ask students to complete the TS quiz here which will challenge their knowledge of TS: Download the quiz here They can find all the answers they need from having listened to the presentation or the leaflet below: Download information leaflet here Ask the pupils to think about the facts they have learned about TS today and how important it is to spread awareness of TS and to educate others on the reality of this condition. Tell the students it is important that the school community know how to help people with TS. Ask them to design and create an awareness poster to display around school for others to learn more about this condition. |
| 5 mins | Elaborate | Ask students to share their posters and explain the intended message to the class. Showing that <i>#ItsNotWhatYouThink</i> |

Exercise to try with the class which shows how having Tourette Syndrome may affect a child's ability to learn.

- [A school-based exercise to demonstrate how concentration can be impaired by tics](#)