

Teaching notes



- This resource is designed for a small group activity, where the children are likely to be more comfortable about sharing their ideas and feelings.
- Before the lesson, cut out and laminate the feelings barometers on the following page. You will also need one coloured counter per child.
- Introduce the children to the idea of a feelings barometer, explaining how it can be used to measure feelings, from sad to happy.
- Look at pp.2-3 from the text. Ask the children how they think Kipper is feeling when he realises that he has lost his teddy. Ask the children to place a counter on their feelings barometer to show this. Discuss with them why they have placed their counters where they have.
- Repeat using the remaining images from the text.
- As an extension to this activity, you might like to ask the children to use their feelings barometers to show how they would feel in different situations (arriving late for school, falling out with a friend, getting picked for the football team, etc) and discuss their responses with them.

happy happy happy happy

sad sad sad sad